

Why does **playgroup** matter?

Quality experiences in the first three years of life are crucial for your child's development.

Playing with your baby helps them to bond with you and shapes their brain in healthy ways.

Playgroups provide a relaxed and friendly space where you and your child can play and learn together in the company of friends.

"I love picking up different play ideas that I can do at home with the kids."

Anna, mother of two children aged 9 months and 2 ½ years



Sharing, learning and growing together.

How to bring out the **Play Star** in your child

All Queensland families with a child under one are entitled to 12 months' free membership to Playgroup Queensland.

To join, simply register your child with Playgroup Queensland before their first birthday.

Play Stars is funded by the Queensland Government as part of its commitment to providing all families with quality early learning experiences.

Find out more

To find a playgroup in your area, use the search tool at www.playgroupqld.com.au or call **1800 171 882**.

Play Stars is proudly funded and supported by the Queensland Government.

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helps your child learn and grow.



Playgroup
Queensland



Queensland
Government



What is **Play Stars**?

Play Stars is a free membership program providing babies and their families with the opportunity to attend playgroup sessions, hosted by Playgroup Queensland.

Playgroups are run by families or volunteers.

As a Play Stars member, you and your baby will meet other parents, carers and their babies. Together you will support your child's learning through play.

“At first, coming here was about me and my social needs, but now it's about my daughter's growth and development.”

Naomi, mum to a 9-month-old child

Why playgroups are good for babies

Babies are never too young to join a playgroup. The movement, interaction and stimulation that playgroup provides are important for their development. At playgroup, your little Play Star will:

- ▶ meet other babies and children
- ▶ explore new experiences through play, music, stories and imaginative and creative activities
- ▶ learn new skills.

Playgroup can help young children learn skills needed down the track at kindy and school, like being curious and confident, and how to communicate with others.

“My son learned to crawl by coming here and watching the other kids. He thought, ‘I want to do that’.”

Natasha, mum to 9-month-old twins



Why playgroups are good for adults

At playgroup, everyone is going through the same joys, frustrations and sleepless nights as you. Making playgroup part of your routine gives you and your baby a safe, supportive place to regularly meet.

At playgroup you can:

- ▶ make lifelong friends
- ▶ share ideas and experiences
- ▶ connect with health and community services.

“We all share, have fun and watch out for each other's children.”

Stevie, mum to a 10-month-old child

