

Uncooked playdough

What you need

2 cups plain flour

- 1 cup cooking salt
- 2 tablespoons cooking oil
- 1 teaspoon cream of tartar

A couple of drops of food colouring

What to do

1. Place all the ingredients except the food colouring into a bowl
2. Add enough water to mix to firm dough.
3. Add a few drops of food colouring to colour.

Note: Uncooked dough can be stored in a plastic bag or in an airtight container in the fridge for about a week.

Ideas to try

- Play dough can be used with a rolling pin and cookie cutters, assorted plastic lids, a butter knife for cutting segments, a muffin tray, a garlic press, plastic bottle tops and whatever you have handy at home.
- As your child/children play with the dough they are exercising the muscles in their hands, having fun, sharing play ideas and exploring ways to make the dough move as they squeeze, pound, poke, punch, prod, pull and twist the dough.

- Playdough is best used at a table, with plastic tray or placemats on the cement outside or on a plastic tablecloth. Avoid carpeted areas with dough as it is very difficult to remove.
- Try making playdough figures for favourite stories, songs and nursery rhymes.