

How To Grow Mustard Seeds

How to make a “mustard seed” caterpillar

Equipment:

Egg carton

Plastic container or eggshells (cut in half)

Paints or coloured markers

Cotton wool

Mustard seeds

Water



Method:

Line the cardboard egg carton sections with a little plastic or an eggshell before filling with cotton wool half way, and then sprinkle with the mustard and cress seeds.

Decorate the egg carton to look like a caterpillar.

Leave in a warm, dry place near natural light.

Keep the cotton wool moist.

Watch the seeds everyday and see the shoots grow tall and straight, while the roots intertwine with each other.